



Certified Diabetic Educator®
CDE® Certification Prep Course



Thursday & Friday

April 28-29, 2016

8 a.m. - 4:45 p.m. both days

LOCATION

Courtyard Marriot Hotel
4192 Sycamore Dairy Rd
Fayetteville, NC 28303

**SOUTHERN
REGIONAL AHEC**
AREA HEALTH EDUCATION CENTER

In affiliation with Duke University Medical Center
Part of the NC AHEC Program

Who Should Attend?

Registered nurses, pharmacists, dietitians, clinical psychologists, occupational therapists, optometrists, physical therapists, physicians, physician assistants, exercise physiologists (certified ACSM), podiatrists, and health care professionals with a master's degrees or higher in social work who are interested in learning more about Diabetes and sitting for the certification exam to become Certified Diabetic Educators®.

Who Qualifies to Take the Exam?

This two-day course is for qualified individuals who have job responsibilities that include the direct provision of diabetes self-management education.

For full eligibility requirements, you will need to visit the NCBDE website at: http://www.ncbde.org/certification_info/eligibility-requirements/

Objectives

Upon completion of this knowledge-based program, participants will be able to:

- Identify knowledge needed to successfully prepare to take the certification exam;
- Assess learning and self-care behaviors of the patient with diabetes;
- Describe successful interviewing techniques to obtain a complete health history and patient needs specific to diabetes;
- Discuss current treatment guidelines for the patient with diabetes;
- Identify strategies for enhancing collaboration, compliance, and counseling;
- Describe complications of non-compliance: chronic and acute for the diabetic patient; medical and surgical treatment options;
- Discuss non-insulin pharmacotherapy options for the treatment of type 2 diabetes;
- Discuss different insulin delivery devices;
- Discuss various insulin based regimens for the treatment of diabetes;
- Review special documentation requirements;
- Discuss implications for program development and management; and
- Review principles of nutrition and ADA guidelines.

Faculty

Marilyn K. Wilson-Sherwin, MSN, RN, FNP, CDE, Nurse Practitioner in the Diabetes Clinic at Southern Regional AHEC

Susan M. Miller, PharmD, MBA, BCPS, FCCP, CDE, Director of Pharmacotherapy Education at Southern Regional AHEC

Melanie D. Nunn, MPH, RD, LDN, CDE, Clinical Pump Consultant, Summerfield, NC

Contact

For more information about the program, contact:

Andrea Novak, Ph.D., RN-BC, FAEN

910-678-7216/andrea.novak@sr-ahec.org

For information on program registration, call 910-678-7226.

Fee

\$325 if payment and registration are received by April 20; \$350 thereafter.

Seating is limited to first 35 paid registrants.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute;
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Important Information

The handouts for the program will be provided online through MyCE located on the SR-AHEC website (www.sr-ahec.org). Early registration is encouraged, as full instructions will be sent with a registration confirmation via e-mail. For continuing education references concerning inclement weather, tobacco policy and ADA requirements, please go to: sr-ahec.org/ContinuingEd/CE.html

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Construction at Southern Regional AHEC will limit parking availability, therefore, locations for continuing education programs will vary. Please check the communications you have received, including the front of this brochure, to ensure that you know the program's location.

AGENDA

Day 1 - Thursday, April 28

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|------------|--|
| 8 a.m. | Introduction and Welcome -Why Are We Here? -Exam Information |
| 8:30 a.m. | Update on Diabetes: Pathophysiology and Types of Diabetes |
| 9:30 a.m. | -Interviewing the Patient -Obtaining Health History -Identifying Needs |
| 10:30 a.m. | Break |
| 10:45 a.m. | -Current Practice Treatment Guidelines -Complications: Acute |
| 11:45 a.m. | Lunch (provided) |
| 12:30 p.m. | Complications: Chronic |
| 3 p.m. | Break |
| 3:15 p.m. | Diabetes Medication |
| 4:45 p.m. | Adjourn for the day |

Day 2 - Friday, April 29

| | |
|------------|--|
| 8 a.m. | -Special Management Issues -Documentation |
| 9 a.m. | -Inpatient Management -Insulin Pump Management |
| 10:30 a.m. | Break |
| 10:45 a.m. | -Sensor Management -Work Issues, Legal Issues & School Issues -The Future of Diabetes Care and CDE®s |
| 11:30 a.m. | Lunch (provided) |
| 12:15 p.m. | -Co-morbidities -Medical & Surgical Treatments |
| 2:15 p.m. | Break |
| 2:30 p.m. | Nutritional Management, Program Development & Administration |
| 3:45 p.m. | Carb Counting |
| 4:45 p.m. | Wrap up/Adjourn |

Credit

CNE: 15.0 contact hours will be awarded to participants who attend 100% of this event.

Southern Regional AHEC: Department of Continuing Education is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

ACPE: 15.0 hours will be awarded to pharmacists who attend 100% of the program. ACPE# 0046-9999-16-050-L01-P

NCPBTE: 15.0 contact hours

As part of the NC AHEC system, SR-AHEC is an NCPBTE approved provider of continuing competence with regards to activities directly related to physical therapy.

In collaboration with UNC Eshelman School of Pharmacy.



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. To receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Statements of credit will be uploaded to CPE Monitor within 4-6 weeks of completion of program. Participants will have access to print CE certificates from their CPE Profile under CPE Monitor.

CPE: Application has been submitted to the Commission on Dietetic Registration (CDR), an approver of Continuing Professional Education (CPE) programs for Registered Dietitians.

CEU: 1.5 hours will be awarded for attending 100% of the program.

At this time, speakers and planners have no conflicts or relevant relationships to disclose. If any are identified, they will be announced at the beginning of the activity.

Certified Diabetes Educator® and CDE® are federally registered trademarks owned and controlled by the National Certification Board for Diabetes Educators (NCBDE). Southern Regional AHEC is not affiliated or endorsed by NCBDE. The NCBDE only accepts clock hour CEU credits from programs approved by providers on the NCBDE list of "Recognized Continuing Education Providers."

Registration Form

Form may be duplicated.

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CASCE #48654 / NU160428

Phone: 910-678-7226 **Fax:** 910-323-0674

Online: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=48654>

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

First Name

Last Name

Last 4 digits of SS#

Email (primary)

(secondary - only used if primary is undeliverable)

☐ Do not send email announcements of upcoming SR-AHEC programs.

☐ Do not share my information with participants and/or exhibitors.

Home Address

City

State

Zip Code

Employer

Job Title

Work Address

City

State

Zip Code

Phone (work)

(home)

(cell)

Certifications/Degrees

Specialty Area(s)

Special Needs / Food Allergies

How did you hear about this SR-AHEC program?

☐ Printed Publication ☐ Email ☐ Fax ☐ Word of Mouth ☐ AHEC web site ☐ MyAHEC ☐ Facebook ☐ Other _____

Payment Information

SR-AHEC requires full payment for all registrations prior to the program date. We no longer accept purchase orders or supervisor's approval signatures in lieu of payment. Access to workshop materials and handouts cannot be released until payment is received. Early and regular rates will be determined by the date of receipt.

☐ Check (Make payable to SR-AHEC)

☐ Mastercard / Visa #

Expiration Date (mm/yy)

Name on Card

Signature

Office Use Only: Check Auth # _____ Date _____ From _____ Amount \$ _____

www.sr-ahec.org

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